

Breakout Sessions & Speakers

He is using Pornography: Now that I know, What do I do?

Location: Room #209

Kiersten Adkins, Coordinator of Spiritual Direction & Community Relations, *Gateway of Hope Ministries, Inc.*
- www.gatewayofhopeministries.org

Whether you have just learned about this indiscretion, or you have known it for a while, this session is for you. Be encouraged with practical and relevant insights into not only surviving, but learning to thrive in less than desirable conditions.

Being a Virtuous Woman - A Contradiction to the Culture

Location: St. Mark/Luke Room

€ Peggy Banks, *Ministry Regional Director, Dalit Freedom Network* – www.dalitnetwork.org

A virtuous woman is hard to find. She is indeed a rare find and this is what makes her so valuable. When a woman has strength of character (fears God, loves truth, hates sin), then others will take note and recognize this. It will be obvious because it is so unusual. It is said that beauty is indeed in the eye of the beholder. A special uniqueness and individuality set us apart. The best beauty tips are those that leave you saying “WOW!” Come and explore what it means to be a virtuous woman within a culture crying out for beauty tips that will last for all eternity.

Sex Trafficking: What can you do Locally

Location: Room # 215

€ Kristy Childs, Founder and Director, *Veronica's Voice* - www.veronicasvoice.org

Veronica's Voice is “in the trenches” in the Kansas City area connecting with the victims of commercial sexual exploitation (prostitution) to encourage, educate and empower them to make lifestyle changes with lead to recovery of their mind, body and spirit. Learn what the needs are to accomplish this and how you and/or your church can get involved.

Integrity: Your Life Matters, Your Living Matters

Location: Music Room

€ Cheryl Davis, Vice-President, *Stonecroft Ministries* - www.stonecroft.org

Life and leadership require integrity. Discover how reliable and trustworthy living shapes the people God has placed around you. Learn how God strengthens you at the very foundation of who He created you to be. Through personal life stories and professional experience, you will hear how God equips women to maintain lives of integrity no matter the circumstance. Be renewed in this truth - your life matters!

Authentic and Healthy Forgiveness: A Cooperative Miracle

Location: Room # 214

€ Jamie Englis and Laurie Fugate, Women's Recovery Group Leaders for Spousal Support Groups *Freedom KC* Partner's Groups –www.freedomkc.net–jenglis@sunflower.com – lauriefugate@yahoo.com

Forgiveness is part of any healing journey. Understandably, it is one of the hardest places to go when you or someone you love has been harmed. We will look at what healthy forgiveness is and what it is not. We will recognize the challenges and benefits of true forgiveness and how to cooperate with the miracle forgiveness can work in your heart.

When do the “Birds & Bees” become more?

Location: Marian Room

€ Terri Gake, *MF, LCMPT* – familysos282@yahoo.com

Why is it so hard to talk to our kids about sex? Come join this session as we uncover, thru lecture and open discussion, why sex is such a difficult topic and how can we communicate a healthy, biblical sexuality.

Purity, The Greater Yes – For Teens

Location: Room # 211 - 10:00 Session #1 – 16 year olds and older.

11:00 Session #2 - 14 and 15 year olds – Age appropriate material.

€ Jennifer Gordon, *Bishop Helmsing Institute – Missouri Diocese* - www.diocese-kcsj.org

When it comes to being pure, most of us only see the “no” – all the things we’re not allowed to do. But purity is a fundamentally positive virtue – saying “yes” to true love, to real joy, to deep and lasting happiness. Purity for young women is saying yes to the beautiful gift of God that you are; a gift that was meant to be received with gratitude, revered and guarded. Purity is saying yes to sex the way God meant it to be. Don’t settle for anything less than the best. Just say “yes.”

Get Lost In God – 10:00 Session #1 - 16 year olds and older.

Location: Gymnasium – Only one Session

€ Dannah Gresh, *Pure Freedom Ministries* - www.PureFreedom.org

"A girl has to get so lost in God, that a guy has to seek Him to find her." Who said that? C.S. Lewis. A guy. And he knew something about how to attract the right kind of guy, since he was one. With hilarious stories, scripture and a transparent heart Dannah Gresh will take you into the science of attracting the right kind of guy, and how to get lost in God.

Are you Healthy? Are you Happy?

Location: Room # 222

€ Dr. Laurie Heap, M.D. - *LaurieHeapMD@yahoo.com*

Dr. Heap will discuss how different approaches to women's medicine can significantly affect your health, your personal growth in the human virtues, the intimacy, communication and satisfaction in your relationship with your husband, and ultimately your happiness! Discovering God's plan for us as married women and striving to live it to the fullest brings the greatest joy and peace!

Breaking the Power of Generational Sin

Location: Room #218

€ Sheri Ingrassia, Co-founder, *The Power of Purity Ministries* - www.powerofpurity.org

The bible has much to say concerning generational sin, curses, and familiar spirits. Understand how the deepest struggles in life may be, at least in part, the result of generational tendencies. Renounce the power generational sin has held in your life so you can achieve a higher level of genuine freedom than ever before.

6 Reasons We Get Stuck in Our Healing Journey

Location: Room #210

€ Kim Jones, *New Hope Ministries* www.newhope4si.com, *Restarting: Thriving with Joy* and Author of *“Made Like Us in Every Way: Experience the Intimacy of Being Known by Jesus”*

After 20+ years of pursuing healing for sexual abuse, gender identity issues and other significant trauma, and 10+ years of helping others in their journeys, I have identified 6 consistent reasons people get stuck in their journeys. Topics include: (1) pursuing healing .vs. pursuing God; (2) God's power .vs. our power; (3) healing .vs. sanctification; (4) “absence of good” trauma .vs. “presence of bad” trauma; (5) maturity .vs. redemption; and (6) building capacity through joy .vs. experiencing trauma overload.

Spousal Support Groups: What to Expect

Location: Room # 212

€ Vicki Kardos, *The Nathan Project—For Women Only Support Groups* - vlkardos@comcast.net

God created us to live in “community,” yet often when shame and hurt enter into our story, we want to “hide out.” This is Satan’s ploy to defeat and render us powerless. To share and connect with someone or others that understand and relate to our pain can be the catalyst that propels us forward in our own healing. For the wife of one who struggles with sexual addiction, attending a support group can lead to a healthier perspective, recognition of our worth and true identity in Christ, empowerment and a future of hope.

Planned Purity®: Start with the Heart

For Parents of young children up to the age of 12.

Location: Daily Mass Chapel

€ Sharon Mitchell, *PurityWorks®* - www.purityworks.org

Though most people connect the word "purity" with teenagers and sex, Planned Purity training focuses on the condition of the heart as a vital prerequisite for the embrace of sexual integrity. Through materials based on guarding the five senses as doors to the heart, parent training, and best-selling children's books and curriculum like *The Princess and the Kiss* by Jennie Bishop, purity can be pursued at any age, throughout a lifetime. Attend this session to see how your family can begin to build the foundation of pure hearts and pure bodies in your family.

Feeling like you are going Crazy? Break out of Confusion & Discover the Truth

Location: Room # 208

€ Cynthia Morse: MSW, LCSW, *Counseling Associates* - counselorassoc@gmail.com

Attend this session to learn the early signs and relationship symptoms of pornography use and what can be done to bring personal recovery and healing. The discovery of your husband or son’s secret struggle with pornography can result in feelings of self-blame and guilt. This session will provide instruction on how to deal with his choices and help you establish healthy boundaries.

Fertility Appreciation

Location: Room # 219

€ Sandy Pickert, RN, MPH, BSN, FNC: Executive Director, *Abstinence Education, Inc.* –
abstainpureandsimple.org

It is good to be a female and even better when you understand the unique symphony that takes place in your body each cycle. Learn appreciate your fertility cycle, understand common challenges, and celebrate the wonder of womanhood. This presentation is appropriate for all women, especially for mothers and daughters to attend together.

Surviving and Thriving in a Sex-Filled World

Location: Room # 223

€ Crystal Renaud, Founder and Director, *Dirty Girls Ministries* - dirtygirlsministries.com

From romance novels to the Internet, the lives of women are consumed by a sexual culture. For many women, the images and standards set by our culture can become addicting. If you're a woman trapped by the lures of pornography or another sexual addiction, you're certainly not alone. Author and speaker Crystal Renaud will share her own story of pornography addiction through her journey to recovery. Come learn how to not only survive, but thrive as women in a culture driven by sexual messages.

Healthy Attachments and Sexuality

Location: Youth Room

€ Beth Russell: *Russell.beth@gmail.com*

This class is for adult women interested in discovering the elements of healthy intimacy and relational connection related to sexuality. What is God's idea of a healthy and "good" sexuality?

Journey of a Women's Heart: From Woundedness to Wholeness

Location: Room # 221

€ Deborah Simon: Founder and Executive Director, *Gateway of Hope Ministries, Inc* -
www.gatewayofhopeministires.org

Life can wound a woman's heart. A wounded heart hurts. We try to run away from the pain, but instead find ourselves with a wayward heart. In time, we realize we need God to give us a willing heart to look at our wounds and pursue wholeness. This seminar will explore the journey of a woman's heart and offer her hope wherever she finds herself along the way.

Uh-Oh, Now What?

Location: Room # 213 - 10:00 Session #1 - 14 and 15 year olds – Age appropriate material.

11:00 Session #2 - 16 year olds and older.

€ Leslie Snyder: Founder & Director, *Youthfront Parent Network* – www.youthfront.com/parents

Many girls find themselves walking alongside a friend who has gone farther sexually than they wanted to go, and they don't know what to do. Do I still hang out with this friend? Do I tell her parents? Do I really know how to handle this situation? But what if the person is you? Then what? How do you move forward after going 'too far?' Come join us as we honestly discuss redemption, forgiveness, and friendship.

Creating Healthy Families: How do we clean up this mess?

Location: Sanctuary

€ Lisa Spady: Co-founder, *Hidden Treasure Ministries* - www.HiddenTreasureMinistry.com

Creating a family tends to fall on the shoulders of the wives and mothers. But where is the instruction book for this job? In this seminar we'll discuss very practical attitudes that can make the difference between a healthy growing family and a shut down dysfunctional family.

Homosexuality and the Church: How should we respond?

Location: Room # 207

€ Alex Twitty: Women's Facilitator, *Bright Hope Ministries* - www.brighthopeofkc.com

This workshop is based on my personal journey out of the gay lifestyle and into the body of Christ. It will focus on ministering to those in the gay lifestyle and supporting individuals who are coming to the church desiring change.

Domestic and Global Sex Trafficking

Location: Fellowship and Exhibit Hall

Angie Wilson: Senior Special Agent with KBI, *FBI Cyber Crimes Task Force*, Kansas City Division

This world has a lot of great things to offer and advances in technology have greatly improved the overall quality of life. People, services, and products from around the world are just a mouse click away. However, the global world in which we now dwell carries with it inherent dangers. The realities of these dangers are witnessed by law enforcement every day.

Staying Safe in a Digital World

Location: Room # 220

Chelsea Schmidt: Director of Youth, *Church of Ascension*

Learn about technologies to protect yourself and your family in today's computer saturated and Internet-connected world. We will discuss mobile phone devices, social networking websites, blogging, chat rooms, cyber predators, internet monitoring and accountability software applications, filtering, and much more!

€ = Indicates the speaker also has an exhibit table